

Introduction to Osteopathy in the Cranial Field

Hybrid 40-Hr Course | Sept 5-Nov 15, 2026

[Course Website](#)

[Access Teachable](#)

The course has officially started! Many of you have started the lectures - and some have even completed the first module!

The first Discussion Groups are this weekend - **Saturday, September 19**. Refer to your Jotform or Zoom confirmation emails to verify the time you selected.

You must **complete all assigned videos and quizzes by midnight Pacific Time on the Friday** before each Discussion Group. Due to the complexity of the material, please give yourself enough time to complete and absorb the information in each module during the week; do not leave it to the last day.

Access the course following these instructions:

- <https://cranialacademy.teachable.com/courses/enrolled/3019272>
- Click Login in the upper right corner.
- Enter the email address you used to register for the course (the address you are receiving this email).
- Teachable will send a verification code to your email to be entered for access.
- Alternately, you can set up a password instead of using verification codes.

Every Video Matters

Please watch every assigned video in full and in sequence. The lectures establish the anatomy, physiology, terminology, osteopathic principles, and perceptual framework used throughout the course. Thoughtful preparation allows the in-person laboratory to focus on palpation, diagnosis, technique, and guided practice rather than re-teaching foundational material.

1. View each lecture in full; do not skip ahead.
2. Use the open-video quiz to reinforce key points. Up to five attempts are allowed.
3. Answer all questions correctly to unlock and proceed to the next lecture.
4. You may go back to rewatch previous lectures at anytime during the course.

Course Guidelines

- **AI use is not permitted on quizzes.** AI-generated information may be inaccurate; please learn directly from the OCA faculty and assigned materials.
- **Course videos are copyrighted.** Screen recording, screen capture, photographing, or sharing any portion is strictly prohibited.
- Handouts are for your **personal use only** and may not be shared or distributed.

Technical Notes

- Watch on a computer or tablet, at normal speed.
- Watching on a phone or using fast-forward/accelerated playback may prevent Teachable from properly marking the video as complete.
- If you accidentally skip ahead and Teachable does not display Continue, return to the beginning and watch the video continuously from start to finish.
- After completion, you may revisit any portion as needed.
- Playback speed and subtitle options are available in the video settings.

CONTACTS

- For scheduling, technical, Zoom, or Teachable questions: ed@cranialacademy.org
- For course material questions: Coursedirectors@cranialacademy.org