

## Intro Course 2023 - March Pre-course CONVO

<p><b><u>Lecturing Faculty</u></b>            Annette Hulse DO* Director            Bill Foley DO Assoc Director            Zina Pelkey DO FCA** Asst Director            Arlene Dijamco MD            Hugh Ettliger DO FAAO FCA**            Andy Goldman DO FCA            Elena Timoshkin DO**            Shawn Marie Higgins DO            Ilene Spector DO FCA*</p>	<p><b><u>Table Trainers</u></b>            Jay Danto DO            William Lemley DO            + TBD</p> <p><b>Faculty In Training:</b></p> <p><b>Course Assistant:</b></p>
<p>* OCA Proficiency Recognition + NMM/OMM</p>	

### Day One - Saturday March 11

Time	Title	Min.	Lect./Lab	Presenter
8:00	Intro – Announcements, find seats, fill out health forms	30	LECT	Pelkey/ Hulse
8:30	<b>1.1</b> History of Osteopathy and OCF	20	LECT	Foley
8:50	<b>A.1</b> Skull Landmarks – Guided Lab	35	Lab	TBD
<b>9:25</b>	<b>Discussion in Small Groups</b>	<b>15</b>		All Faculty
9:40	<b>1.2</b> Philosophy & Principles of the PRM	25	LECT	Ettliger
10:05	<b>1.3</b> How Do You Palpate	15	LECT	Goldman
10:20	<b>A.2</b> How Do You Palpate - 3 Heads	40	Lab	
11:00	<b>1.4</b> Embryology + 2 min stretch mid lecture	60	LECT	Goldman
<b>12:00</b>	<b>Lunch</b>	<b>70</b>		
1:10	<b>1.5</b> The Base – Bones & SBS Motion + 2 min stretch mid lecture	45	LECT	Pelkey
1:55	<b>A.3</b> Base Bones	25	Lab	
2:20	<b>A.4</b> Base Palpation	40	Lab	
<b>3:00</b>	<b>Discussion in Small Groups</b>	<b>15</b>		All Faculty
3:15	<b>1.6</b> CSF & Fluid Movement	30	LECT	Higgins
3:45	<b>A.5</b> Sensing Fluid	30	Lab	Higgins
4:15	<b>1.7</b> CCJ / OA	30	LECT	Foley
4:45	<b>A.6</b> OA Treatment Lab	40	Lab	
5:25	Q & A, Check Students, Take Home Exam	20		Faculty
<b>5:45</b>	<b>ADJOURN</b>			
6:00	Staff Meeting	<b>20</b>		

**Day Two - Sunday March 12**

Time	Title	Min	Lect./Lab	Presenter
8:00	Review of day 1	20	LECT	Hulse
8:20	<b>2.1</b> Temporal Part 1 & 2 <a href="#">2 min stretch</a>	60	LECT	Goldman
9:20	<b>B.1</b> Temporal Bone Lab	45	Lab	
<b>10:05</b>	<b>Discussion in Small Groups</b>	<b>15</b>		All Faculty
10:20	<b>B.2</b> Temporal Palpation Lab	40	Lab	Goldman
11:00	<b>2.2</b> Vault 1. Vault	25	LECT	Timoshkin
11:25	<b>2.3</b> Vault 2. Bone anatomy	45	LECT	
<b>12:10</b>	<b>LUNCH</b>	<b>70</b>		
1:20	<b>B.3</b> Vault Bone Lab	30	Lab	Timoshkin
1:50	<b>B.4</b> Vault Palpation Lab	35	Lab	
2:25	<b>2.4</b> RTM	45	LECT	TBD
<b>3:10</b>	<b>Discussion in Small Groups</b>	<b>15</b>		All Faculty
3:25	<b>B.5</b> RTM Palpation Vault & A/P Contact	40	Lab	TBD
4:05	<b>B.6</b> Layer Palpation – Membrane, Bone, Fluid	40	Lab	TBD
4:45	<b>2.5</b> Venous Sinus Drainage	15	LECT	TBD
5:00	<b>B.7</b> Venous Sinus Drainage	40	Lab	
5:40	Q & A, Check Students, Take Home Exam	20		Faculty
<b>6:00</b>	<b>ADJOURN</b>			

**Day Three Monday March 13**

Time	Title	Min.	Lect./Lab	Presenter
8:00	Review of day 2.	20	LECT	Pelkey/Hulse
8:20	<b>3.1</b> Patterns Sidebending/Rotations, Torsions	25	LECT	Hulse
8:45	<b>C.1</b> Pattern Lab SB/R & Torsion Palpation	20	Lab	
9:05	<b>3.2</b> Patterns Vertical & Lateral Strains	35	LECT	Hulse
9:40	<b>C.2</b> Pattern Lab Vertical & Lateral Strain Palpation	40	Lab	
<b>10:20</b>	<b>Discussion in Small Groups</b>	<b>15</b>		All Faculty
10:25	<b>3.3</b> Sacrum	20	LECT	Peña
10:45	<b>C.3</b> Sacral Bone lab	15	Lab	
11:00	<b>C.4</b> Sacral Palpation	30	Lab	
11:30	<b>3.4</b> BLT - Limb (Forearm) Set up	30	LECT	Spector
12:00	<b>C.5</b> BLT - Limb (Forearm)	30	Lab	
<b>12:30</b>	<b>LUNCH</b>	<b>70</b>		
1:40	<b>3.5</b> Principles of Treatment	30	LECT	Pelkey
2:10	<b>3.6</b> Cranial Strains <b>Dx w/</b> Motion,	20	LECT	Spector
2:30	<b>C.6</b> Cranial Strains-Dx w/Motion Testing, Tx w/ BMT	60	Lab	
<b>3:30</b>	<b>Discussion in Small Groups</b>	<b>15</b>		All Faculty
3:45	<b>3.7</b> Sacral & Core Link Dx & Tx	15	LECT	Peña
4:00	<b>C.7</b> Sacral & Core Link Dx & Tx	40	Lab	
4:40	<b>3.8</b> CV4	20	LECT	Ettlinger
5:00	<b>C.8</b> CV4	40	Lab	
5:40	Q & A, Check Students, Take Home Exam	20		Faculty
6:00	<b>ADJOURN</b>			

**Day Four - Tuesday March 14**

Time	Title	Min.	Lect./Lab	Presenter
8:00	Review of day 3.	20	LECT	Pelkey/Hulse
8:20	<b>4.1</b> Frontal & Parietal Lift & Spread	20	LECT	Spector
8:40	<b>D.1</b> Frontal & Parietal Lift & Spread	45	Lab	
9:25	<b>4.2</b> Face 1	25	LECT	Ettlinger
<b>9:50</b>	<b>Discussion in Small Groups</b>	<b>15</b>		All Faculty
10:05	<b>4.3</b> Face Part 2. + 2 minute stretch break	25	LECT	Ettlinger
10:30	<b>4.4</b> The Face, Part 3.	25	LECT	
10:55	<b>D.2</b> The Face Bone Lab	65	Lab	
<b>12:00</b>	<b>LUNCH</b>	<b>80</b>		
1:20	<b>D.3</b> Palpation & Treatment of the Face	70	Lab	Ettlinger
2:30	<b>4.5</b> Temporal Diagnosis	20	LECT	Goldman
2:50	<b>D.4</b> Temporal Tx, Direction of the Tide	45	Lab	
<b>3:35</b>	<b>Discussion in Small Groups</b>	<b>15</b>		All Faculty
3:50	<b>4.6</b> Mandible/Mouth, 1.	25	LECT	Hulse
4:15	<b>D.5</b> Observe TM function	5	Lab	
4:20	<b>4.7</b> Mandible/Mouth, 2.	25	LECT	Higgins
4:45	<b>4.8</b> Fluid Diagnosis & Treatment	15	LECT	
5:00	<b>D.6</b> Lateral Fluctuation	40	Lab	
5:40	Q & A, Check Students, Take Home Exam	20		All Faculty
6:00	<b>ADJOURN</b>			

**Day Five – Wednesday March 15**

Time	Title	Min.	Lect./Lab	Presenter
8:00	Review of Course	20	LECT	Pelkey/Hulse
8:20	<b>5.1</b> Mandible Mouth: 3. TMJ	25	LECT	Hulse
8:45	<b>E.1</b> Treatment of the Mouth	60	Lab	
<b>9:45</b>	<b>Discussion in Small Groups</b>	<b>15</b>		All Faculty
10:00	<b>5.2</b> Peds/OB: Part 1. Obstetric & Neonatal	25	LECT	DiJamco
10:25	<b>5.3</b> Base Spread/Condylar decompression	10	LECT	
10:35	<b>E.2</b> Base Spread/Condylar decompression	40	Lab	
11:15	<b>5.4</b> Peds Part 2. Pediatric Clinical	25	LECT	Pelkey
11:40	<b>5.5</b> Principles of Hx/Dx, Observational Clues	20	LECT	Moore?
<b>12:00</b>	<b>GROUP PICTURE</b>	<b>15</b>		
<b>12:15</b>	<b>LUNCH</b>	<b>70</b>		
1:25	<b>E.3</b> Head Model Lab: 3D & CN review	60	Lab	Pelkey
2:25	Clinical Correlations / Q & A	30	LECT	Senior faculty
<b>2:55</b>	<b>DSG</b>	<b>15</b>		
3:10	Practical Exam	60		All Faculty
4:10	Check Students	60		All Faculty
5:10	<b>ADJOURN</b>			
	<b>Lecture= 16.83 hours    Lab= 19.83 hours</b> <b>DSG= 2.5 hours            Q&amp;A=1.67 hours</b>			<b>40 h 50 m TOTAL CME Hours</b>