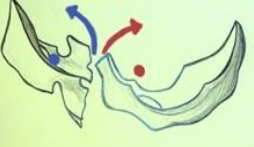
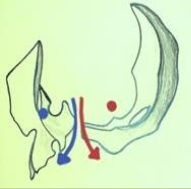
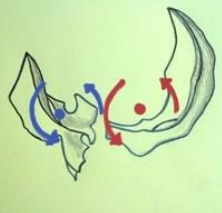
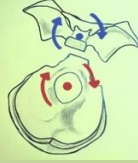
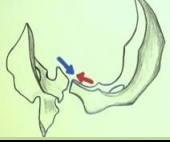
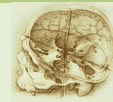


CRANIAL BOARD REVIEW

CRANIAL SBS STRAINS		AXES AND NAMING
FLEXION	EXTENSION	FLEXION/EXTENSION
		Two Parallel Transverse: 1) Sphenoid: through sphenoid body at S/S pivot 2) Occiput: cephalad to jugular processes
RIGHT TORSION	LEFT TORSION	TORSION
		One AP: 1) Nasion to Opisthion Named for superior greater wing of sphenoid
RIGHT SBR	LEFT SBR	SIDEBENDING ROTATION
		Two Parallel Vertical: 1) Base body of sphenoid 2) Foramen magnum One AP: 1) Nasion to Opisthion Named for side of convexity
SUPERIOR	INFERIOR	VERTICAL STRAIN
		Two Parallel Transverse: 1) Sphenoid: through sphenoid body at S/S pivot 2) Occiput: cephalad to jugular processes at level of SBS Named for position of basi-sphenoid
RIGHT	LEFT	LATERAL STRAIN
		Two Parallel Vertical: 1) Base body of sphenoid 2) Foramen magnum Named for position of basi-sphenoid
COMPRESSION		COMPRESSION
		Compression at the SBS: may present as alternating strains; or little / no motion



THE OSTEOPATHIC CRANIAL ACADEMY



Five Phenomena in Osteopathy in the Cranial Field:

- The inherent motility of the brain and spinal cord
- The fluctuation of the cerebrospinal fluid - the potency of the Tide
- The mobility of the intracranial and intraspinal membranes
- The articulatory mobility of the cranial bones
- The involuntary mobility of the sacrum between the ilia

"There is much to discover in the science of osteopathy by working with the forces within that manifest the healing processes. These forces within the patient are greater than any blind force that can safely be brought to bear from without."

William Garner Sutherland, DO.

Why Learn Osteopathy in the Cranial Field:

- Assess the vitality of your patient through touch perception
- Provides whole person care by using gentle manual techniques.
- Provides technical skills which can achieve otherwise unattainable results.

Benefits of OCA Membership:

- The Cranial Letter
- Proficiency Testing
- Member Discounts
- Printed Publications
- Opportunities:
 - Networking
 - Study Groups
 - Teaching / Learning
 - Mentorship
 - Leadership

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