

Introduction to Osteopathy in the Cranial Field is designed to:

- Discuss the five components of the primary respiratory mechanism, including articular cerebrospinal fluid, fascial/membranous and nervous system anatomy.
- Deepen the understanding of the osteopathic principles; interrelationship of structure and function, the body as a dynamic unit and the body as a self-regulating homeostatic mechanism with a capacity for self-healing.
- Provide instruction with experienced physicians on a four-to-one student to faculty ratio in a learning environment to palpate inherent motion of the body.
- Establish the basis for palpatory diagnosis and treatment using Osteopathy in the Cranial Field for clinical problems not only relating specifically to the cranium but elsewhere in the body.

The course includes approximately 18 hours of lecture and 22 hours of palpatory experience in addition to question/answer sessions and a final examination. This program anticipates being approved for 40 Category 1-A CME credit hours pending approval by the AOA CCME. The Osteopathic Cranial Academy is an accredited AOA-CME sponsor for Category 1-A CME.

Course Schedule

Saturday – June 9, 2018

- 8:00 a.m. Introduction to the Course
- 8:20 a.m. Origins of the Cranial Concept
- 8:40 a.m. Philosophy and Principles of PRM
- 9:00 a.m. Learning How to Approach Palpation
- 9:20 a.m. CNS - Embryology I
- 9:40 a.m. Discussion in Small Groups
- 10:00 a.m. Landmarks I, Bones, Lateral Aspects
- 10:30 a.m. Physical Posture and Contact
- 11:10 a.m. CNS-Embryology 2
- 11:30 a.m. Sensing Fluid, Membrane, Bone
- 12:10 a.m. Lunch (provided)
- 1:10 p.m. Faculty Q&A; Review History Forms
- 1:30 p.m. Cranial Nerves 1-Intro, Principles CN1
- 1:50 p.m. Landmarks 2 - Inferior, Internal Aspects
- 2:20 p.m. Anatomy & Physiology of the CSF
- 2:40 p.m. Fluid and Its Fluctuation
- 3:20 p.m. Small Group Discussion

- 3:40 p.m. Principles of Diagnosis: Osteopathic History
- 4:00 p.m. The Sacrum-Anatomy and Motion (L/PS)
- 4:50 p.m. Faculty Q&A at Tables
- 5:10 p.m. Balancing-Treat and Discuss at Tables
- 5:30 p.m. Adjourn

Sunday – June 10, 2018

- 8:00 a.m. Daily Review
- 8:20 a.m. Cranial Nerves 2 -CN II-IV, VI
- 8:40 a.m. Cranial Base 1 - Sphenoid
- 9:10 a.m. Bones - Sphenoid
- 9:20 a.m. Cranial Base 2-Occiput and Ethmoid
- 9:50 a.m. Bones-Occiput and Ethmoid
- 10:00 a.m. Discussion in Small Groups
- 10:20 a.m. Set Up for Base Palpation Lab
- 10:30 a.m. Palpation - Cranial Base
- 11:10 a.m. Frontal Bone - Anatomy, Motion Pathology
- 11:30 a.m. Bones - Frontal
- 11:40 a.m. Cranial Nerves 3 - CN V
- 12:00 p.m. Lunch (provided)
- 1:00 p.m. Faculty Q&A at Tables
- 1:20 p.m. Parietal Bones and Squamous Occiput
- 1:40 p.m. Bones - Parietal Bones
- 1:50 p.m. Palpation - Vault
- 2:30 p.m. RTM Part 1
- 2:50 p.m. Discussion in Small Groups
- 3:10 p.m. RTM Part 2
- 3:30 p.m. Palpation RTM
- 4:10 p.m. RTM Part 3 Venous Sinuses (L/PS)
- 5:50 p.m. Temporal Bone 1 - (L/PS)
- 5:50 p.m. Balancing - Treat and Discuss at Tables
- 6:10 p.m. Adjourn

Monday – June 11, 2018

- 8:00 a.m. Daily Review
- 8:20 a.m. Cranial Nerves 4 - VIII, then VII
- 8:40 a.m. Bone-Temporal 2 (L/PS)
- 9:20 a.m. Discussion in Small Groups
- 9:40 a.m. Palpation - Temporal Bone
- 10:15 a.m. PRM Palpable Phenomena (L/PS)
- 10:45 a.m. Strain Patterns 1 - Torsion SB-R (L/PS)
- 11:25 a.m. Strain Patterns 2 - Vertical and Lateral
- 11:50 p.m. Lunch (provided)
- 12:50 p.m. Faculty Q&A at Tables
- 1:10 p.m. Strain Patterns 2-Vertical Strains

- 1:55 p.m. Principles of Treatment
- 2:20 p.m. Treatment - (of body) BLT
- 3:00 p.m. Discussion in Small Groups
- 3:20 p.m. Treatment of the Vault
- 3:40 p.m. Treatment of the Vault - Lifts and Spreads
- 4:20 p.m. Fluid Diagnosis and Treatment
- 4:40 p.m. Lateral Fluctuation (L/PS)
- 5:20 p.m. Balancing - Treatment and Discussion
- 5:40 p.m. Adjourn

Tuesday – June 12, 2018

- 8:00 a.m. Daily Review
- 8:20 a.m. V-Spread
- 8:50 a.m. Temporal Diagnosis & Treatment (L/PS)
- 10:00 a.m. Cranial Nerves 5 - CN IX-XII
- 10:20 a.m. Discussion in Small Groups
- 10:40 a.m. Face 1 - Intro, Bones, Motion
- 11:00 a.m. The Core Link (L/PS)
- 12:20 p.m. Lunch (provided)
- 1:20 p.m. Faculty Q&A at Tables
- 1:40 p.m. Face 2 - Ethmoid, Vomer, Maxilla, Nasal
- 2:00 p.m. Bones 1 - Face
- 2:20 p.m. Dx/Tx of Cranial Strains (L/PS)
- 3:40 p.m. Discussion in Small Groups
- 4:00 p.m. CV4 (L/PS)
- 5:00 p.m. Faculty Q&A at Tables
- 5:20 p.m. Balancing-Treat and Discuss at Tables
- 5:40 p.m. Adjourn

Wednesday – June 13, 2018

- 8:00 a.m. Daily Review
- 8:20 a.m. Observational Dx - Visual Cues to Patterns
- 8:40 a.m. The Face 3 - Orbit, Zygoma, Palatines
- 9:00 a.m. Bone 2 - Face
- 9:20 a.m. Palpation of the Face
- 10:00 a.m. Small Group Discussion
- 10:20 a.m. Obstetrics and Neonate
- 10:50 a.m. Treatment of Face
- 11:50 a.m. Group Photo and Lunch (provided)
- 1:00 p.m. Pediatrics- Common Problems OCF P.O.V.
- 1:30 p.m. Fetal Skulls - Features
- 1:50 p.m. Clinical Correlations
- 2:20 p.m. Discussions in Small Groups
- 2:40 p.m. Practical Exams/Balancing
- 4:50 p.m. Adjourn

General Information

Prerequisites: Please refer to our website for the prerequisites for this course at: www.cranialacademy.org/curriculum.html

Required text: *Osteopathy in the Cranial Field* by Harold I. Magoun Sr., is available from The Osteopathic Cranial Academy at \$67.50 + \$10.00 shipping and handling.

Accommodations: A block of rooms has been reserved at the Hilton Norfolk The Main at a rate of \$149.00 single/double per night. Reservations can be made by using the link on our website to be assured of the group rate. Rooms will be available until May 15, 2018 or until the block is sold whichever occurs first.

Cancellation policy: All cancellations must be received in writing and are subject to an administrative charge of 15 percent of the deposit for cancellations received at the office of The Osteopathic Cranial Academy on or before May 15, 2018. Cancellations received after May 15, 2018, and on or before June 1, 2018, are subject to an administrative charge of 25% of the deposit provided the spot is filled. The entire registration fee will be forfeited for cancellations received after June 5, 2018, or for failure to attend.

Liability Release: *Participation in this program will involve physical activity, including contact by and with instructors and other participants. This, and particularly activity involving physical diagnostics and manual therapeutics, could possibly entail risks for participants of new injury or aggravation of pre-existing conditions.*

By applying to participate, the applicant acknowledges and assumes the risk associated with participating in the laboratory sessions and agrees to hold The Osteopathic Cranial Academy and fellow participants harmless indemnify, defend and free of liability from and against any damage or personal injury that might occur during or as a result of participation in this program. Furthermore, the applicant covenants to hold harmless, indemnify, and defend The Osteopathic Cranial Academy from and against any use or misuse that applicant may make at any time of any knowledge or information that applicant derives from participation in this program. The applicant should carry adequate liability insurance which would be activated in the instance of the use or misuse of this knowledge or information. Participants in the course are examined and treated by instructors following the course in case any problems arise from treatment by fellow students.

I acknowledge that I have read the Liability Release and agree to the statement.

Signature (Required) _____

It is the responsibility of ALL participants to use the information provided within the scope of their professional license or practice. The faculty has requested that you wear loose fitting, comfortable, layered clothing. For the comfort of others, please do not wear any strong fragrances or essential oils.

**Register online at:
www.cranialacademy.org
or faxing the form shown below:**

Registration Form Introduction to Osteopathy in the Cranial Field

Registration Fee: \$1,795.00 (\$900.00 deposit must accompany registration form; balance is due on or before June 1, 2018.) Scholarship information for medical students is available on our website.

The Osteopathic Cranial Academy has requested that the AOA Council on Continuing Medical Education approve this program for 40 hours of 1-A AOA CME. Approval is currently pending. Application has been made for 40 hours of AAFP CME as well.

Name (Print) _____

Address _____

City, State, Zip _____

Phone _____

Email _____

Medical School _____

Year _____ AOA # _____

MC/VISA# _____

Exp. Date _____ Security Code _____

Signature _____

Paid by: Check # _____

Introduction to Osteopathy in the Cranial Field Summer Course



June 9-13, 2018

**Hilton Norfolk at The Main
Norfolk, Virginia**

**Course Director: Richard F. Smith, DO
Associate Director: Zinaida Pelkey DO FCA
Assistant Director Matthew Gilmartin MD**



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